Blocked nose? Pressure headache?

Sinupret® eXtract

- loosens mucus
- opens the nose
- clears the head

4x Concentrated*

With the powerful combination of 5 medicinal plants

* A four-fold concentration cannot be equated with four-fold efficacy. The four-fold concentration refers to the 720 mg plant mixture used in Sinupret extract (corresponding to 160 mg dry extract) compared to 156 mg plant mixture in Sinupret forte, as well as to the secretolytic and anti-inflammatory properties of the bioflavonoids contained therein.
Your paranasal sinuses are clear again and the pressure headache subsides.

The inflammation-induced nasal congestion is reduced and you can breathe more freely again.

The tough, blocked mucus flows away and you feel better faster.

Sinupret® eXtract with a unique composition.

This is how Sinupret® eXtract helps with its 4-fold concentrated* power:

- **loosens mucus**
- **opens the nose**
- **clears the head**

Pharmacological spectrum:

- secretolytic
- antiinflammatory
- antiviral

**Sinupret® eXtract** with a unique composition:

The proven 5-plant combination makes Sinupret® eXtract especially effective.

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"The tough, blocked mucus flows away and you feel better faster."

"The inflammation-induced nasal congestion is reduced and you can breathe more freely again."

"Your paranasal sinuses are clear again and the pressure headache subsides."

Course of sinus headache

<table>
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<th>Treatment days</th>
<th>Sinus headache symptoms (%)</th>
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With Sinupret® eXtract your patients feel better again 2 days sooner!1

Sinupret® extract • Composition:
1 coated tablet of Sinupret extract contains the following active ingredients: 160.00 mg of dried gentian extract (3–6:1); primrose blossoms; herbal dock; elder blossoms; verbena (1:3:3:3), 1st extractant: ethanol 51% (m/m). Other ingredients: Spray-dried gum arabic; calcium carbonate; carnauba wax; cellulose power; microcrystalline cellulose; chlorophyll powder 25% (E 140); dextrin; glucose syrup; hypromellose; indigo carmine; aluminium salt (E 132); magnesium stearate; maltodextrin; riboflavin (E 101); saccharose, highly-dispersed silicone dioxide; highly-dispersed hydrophobic silicone dioxide; stearic acid; talc; titanium dioxide (E 171).

Indications for use:
For acute, uncomplicated inflammation of the paranasal sinuses (acute, uncomplicated nasal sinusitis).

Contraindications:
Do not take if gastric or duodenal ulcers are present or in case of known hypersensitivity reactions to any of the active or other ingredients.

Warnings:
Not for use during pregnancy or nursing due to an absence of studies. Not for use in children or adolescents under 18 years old. Patients with rare hereditary fructose intolerance, glucose/galactose malabsorption syndromes or saccharase-isomaltase deficiency should not take Sinupret extract.

Adverse effects:
Common side effects include gastrointestinal complaints (such as nausea, flatulence, diarrhoea, dry mouth, stomach ache). Occasional events include skin hypersensitivity reactions (rash, erythema, pruritus), systemic allergic reactions (angiooedema, shortness of breath, facial swelling), vertigo, and low-grade ASAT elevation.

Sinupret® Syrup • Composition:
100 g (83.3 ml) Sinupret Syrup contains the following active ingredients: 34.5 g extract (1:38.5) from 0.9 g of a mixture of gentian root, verbena, sorrel leaf, elder flowers, primrose flowers with calyx (1:3:3:3), 1 extraction agent: ethanol 59% vol, 2.–4. extraction agent: purified water. The medicine contains 8% (v/v) alcohol. Other ingredients: Maltitol solution, cherry flavouring.

Indications for use:
To combat symptoms due to acute inflammations of the paranasal sinuses.

Contraindications:
Sinupret Syrup should not be taken if the patient is hypersensitive to any of the active substances or excipients in Sinupret Syrup.

Warnings:
There are no adequate studies on the use of Sinupret Syrup in children below the age of 2 years. The medicine should therefore not be administered to children under the age of 2. The medicine contains 8% (v/v) alcohol. Patients suffering from the rare hereditary intolerance to fructose should not take Sinupret Syrup. 7.0 ml Sinupret Syrup contain 5.5 g maltitol solution, corresponding to approx. 0.35 bread units (BU). This must be taken into consideration in patients with diabetes mellitus. The calorific value is 3.9 kcal/g maltitol solution. Maltitol solution can have a mild laxative effect. In the package leaflet, the patient is instructed to contact a doctor if symptoms last for longer than 7–14 days or recur periodically. Pregnancy and lactation: As for all medicines, Sinupret Syrup should only be used during pregnancy and lactation if there is a strict indication for its use. Adverse effects: Gastrointestinal complaints are uncommon (including stomach ache, nausea). Hypersensitive skin reactions (skin rash, reddening of the skin, itching) are uncommon. Serious allergic reactions can also occur (angio-oedema, shortness of breath, facial swelling). The frequencies are unknown. In the package leaflet, the patient is instructed to contact a doctor and to stop taking Sinupret syrup if any of these reactions occur. Any side effects that are observed that are not listed in the package leaflet should be reported to the doctor or pharmacist.

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